

North Carolina Department of Health and Human Services
Division of Mental Health, Developmental Disabilities and Substance Abuse Services

NC-TOPPS

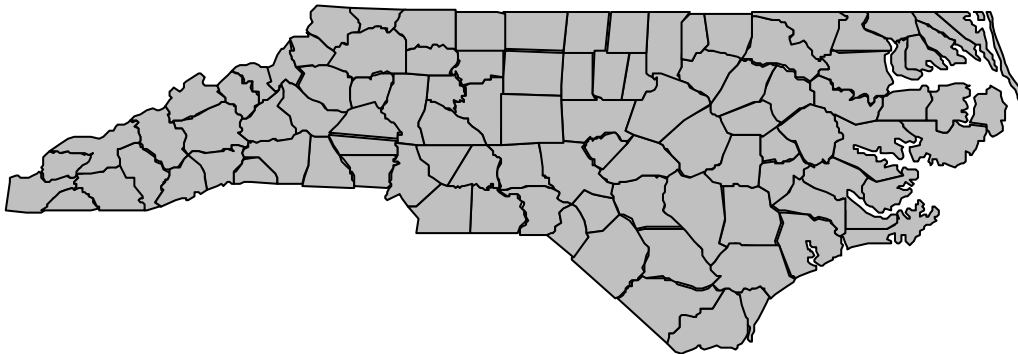
North Carolina Treatment Outcomes and Program Performance System

Adult Substance Abuse Consumers: Foothills LME

Initial Assessments

July 1, 2007 through June 30, 2008

This report includes consumers receiving only substance abuse services, and
those receiving both substance abuse and mental health services.



Data Collected By:

Center for Urban Affairs and Community Services (CUACS)
NC State University

Report Produced By:

Institute for Community-Based Research
National Development & Research Institutes, Inc. (NDRI)

Prepared For:

Quality Management Team
Community Policy Management Section
DMH/DD/SAS
NC DHHS

July 2008

Introduction to Report

This type of report is available to Local Management Entities, providers and the NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services on data gathered for substance abuse consumers through the North Carolina Treatment Outcomes and Program Performance System (NC-TOPPS). It provides information gathered through the online NC-TOPPS Initial Interview and includes seven pages of charts, tables and text information on consumers' demographic characteristics, substance use, symptoms, behaviors and activities, service needs, supports and barriers, family and housing issues and outcome measures collected through an interview with the consumer at the beginning of their treatment. It should be noted that not every data element or response category on the NC-TOPPS Initial Interview is displayed in this report.

Please note that the charts and tables may not always match online queries that you may conduct. The data used in these reports will not necessarily reflect the same points in time. In addition, NDRI who produces these reports cleans the data and removes apparent duplicates prior to preparing the tables and charts.

Additional information about NC-TOPPS and printable version of the interviews are available at <http://www.ncdhhs.gov/mhddsas/nc-topps/>

General Information on Interpreting Tables

Types of Statistics	<ul style="list-style-type: none">▶ A <u>count</u> shows the actual number (often designated by the letter “n”) of clients.▶ A <u>percentage</u> is the number of clients with a characteristic or behavior divided by all the clients in the group of interest multiplied by 100. Percentages will be designated with a % sign next to the number.▶ An <u>average</u> is the sum of a set of numbers divided by the number of numbers in the set. When a number in a cell is an average, the word average will appear in the row descriptor.▶ A <u>median</u> is the middle number in a set of numbers, arranged from lowest to highest. For example, the median for the following numbers: 9, 12, 12, 15, 17, 20, 22, 23, 25, 28, 31, 35, 62 is the bolded number, 22. Medians are important measures of central tendency, especially when a mean may be skewed by a very high or very low value. When a number in a cell is a median, the word median will appear in the row descriptor.
Missing Data	For many of the NC-TOPPS forms received, a particular item or question may have been left blank. In calculating the means, medians, and percentages in cells of questionnaire items, this missing data is excluded from the calculation. For example, program X may have submitted 50 assessments but in 2 of the assessments, gender was left blank. When the percent of males is calculated, the 25 males are shown as 52% ($25/48 \times 100$).
Denominator	The denominator for nearly all percentages is the number of cases shown on the bottom left of the page minus item missing data. All exceptions to this general rule are specifically noted with appropriate text in the graphic or table. This text will state which group is included or excluded from the denominator, such as "of those in the labor force" or "of those with children."
Multiple Response	“Multiple response” indicates a “mark all that apply” type question in which more than one response to a question is allowed. The total of responses may add to greater than 100%. Examples are health insurance or target population. This is in contrast to items such as gender where only a single response is allowed.
Definitions of terms	The Appendix at the end of the report gives definitions of acronyms, abbreviations, and other terms used in this report.
Notes:	Private methadone providers are excluded from the current report.

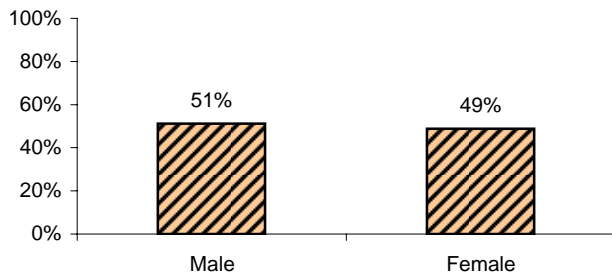


Initial Assessments Received July 1, 2007 through June 30, 2008
Adult Substance Abuse Consumers by Provider
Foothills

This table shows the number of consumers in this report by provider.

Provider	City	ProviderID	Number
A Caring Alternative	Morganton	1543	1
Clay, Wilson, and Associates	Morganton	373	10
Clay, Wilson, and Associates/The Cognitive Connection	Hickory	217	2
Cleveland Family Services	Shelby	1407	1
Foothills / Caldwell Mental Health	Lenoir	1468	80
Foothills / McDowell Mental Health	Marion	1624	74
Hope Valley (Men's Home)	Dobson	961	1
Hope Valley for Women	Pilot Mountain	1022	2
Mental Health Association in NC	Lenoir	881	1
One Love Services, Inc.	Morganton	1143	1
Strategic Interventions, Inc.	Nebo	1947	3
Universal MH/DD/SAS	Taylorsville	305	29
Total			205

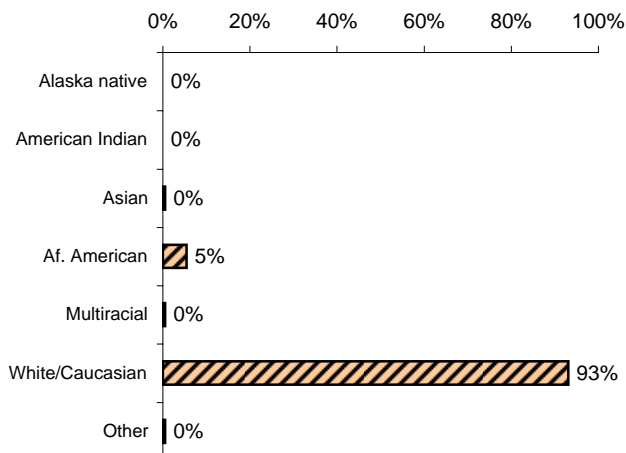
1-1: Gender



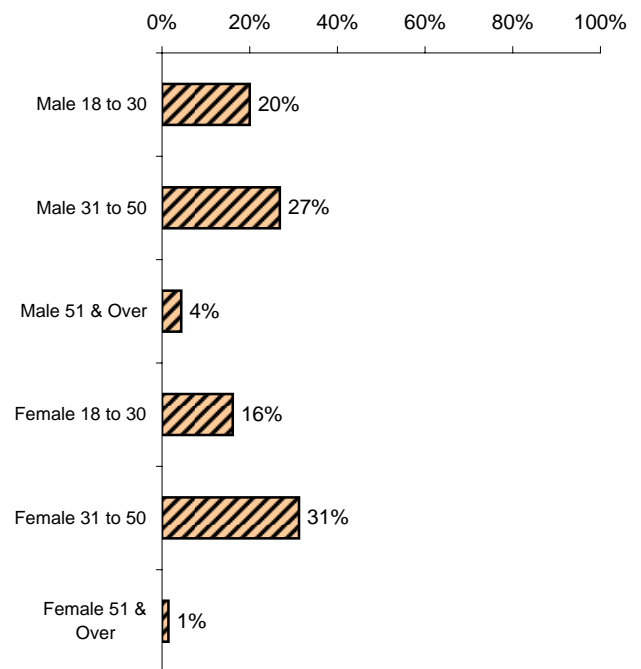
1-2: Hispanic Origin

Of the Foothills consumers, 1% indicate that they are of Hispanic, Latino, or Spanish origin.

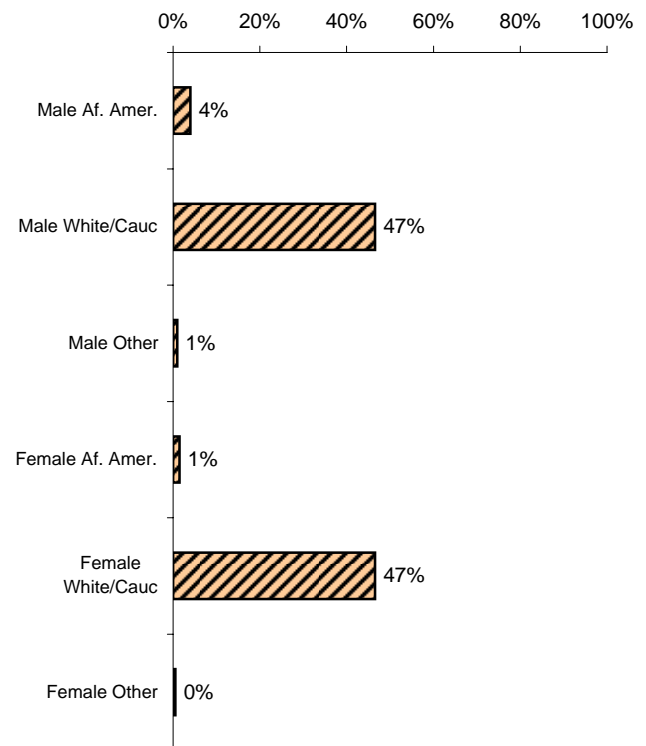
1-3: Race/Ethnicity



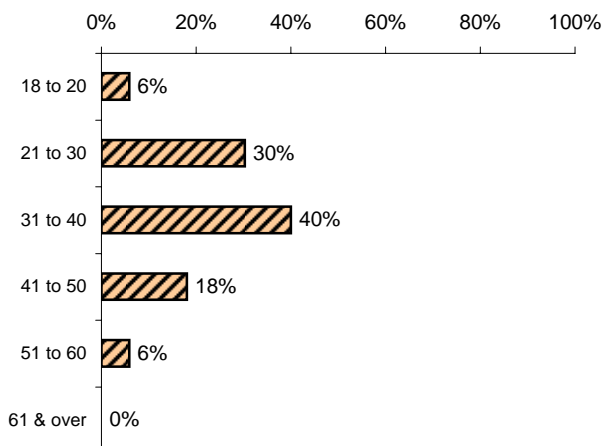
1-5: Gender and Age



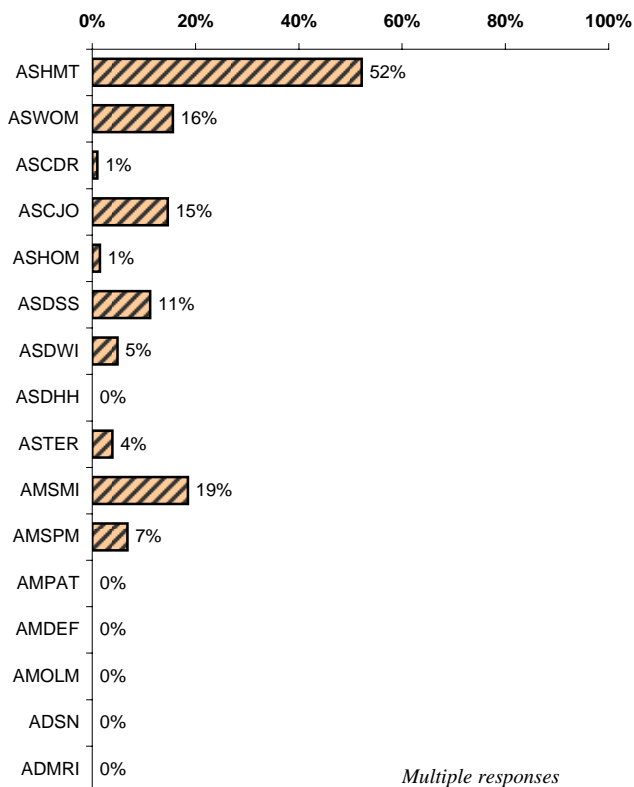
1-6: Gender and Race/Ethnicity



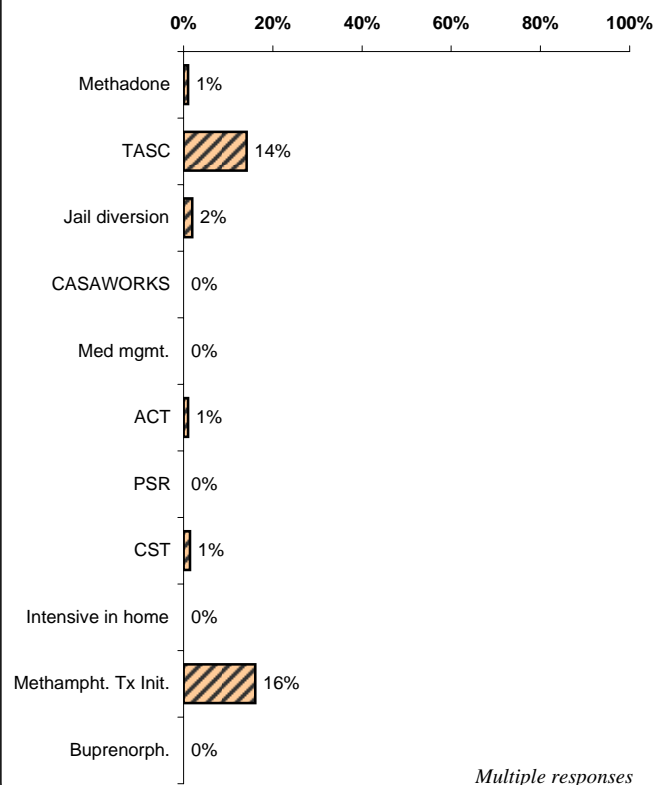
1-4: Age Group



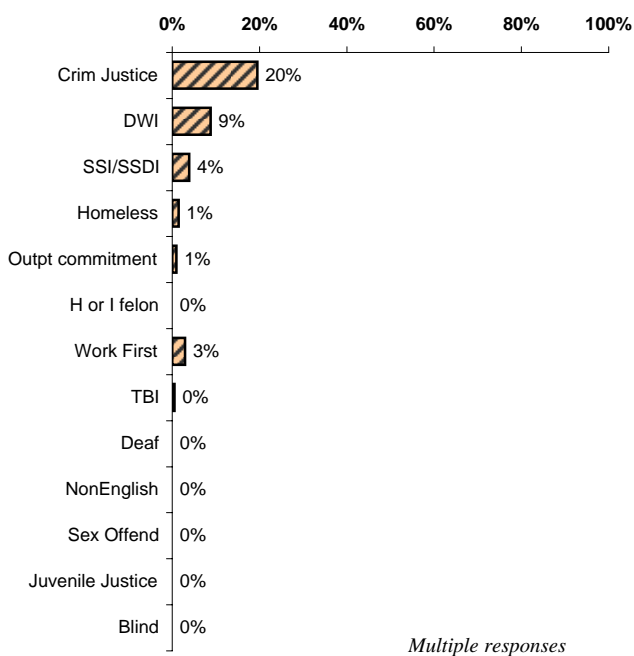
2-1: IPRS Target Populations



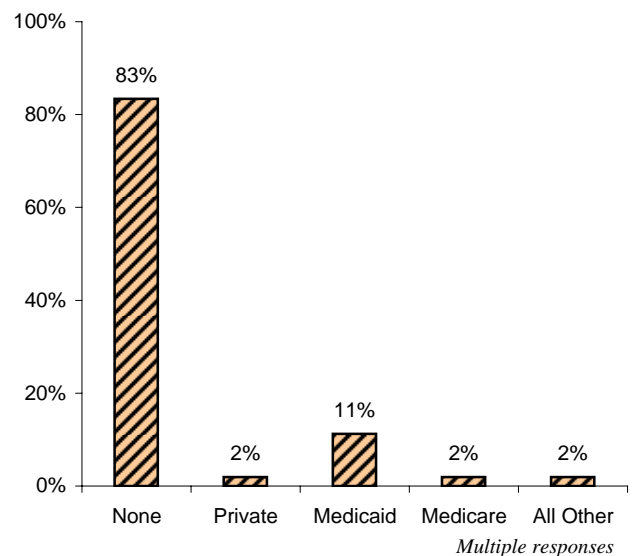
2-3: Special Programs



2-2: Special Populations

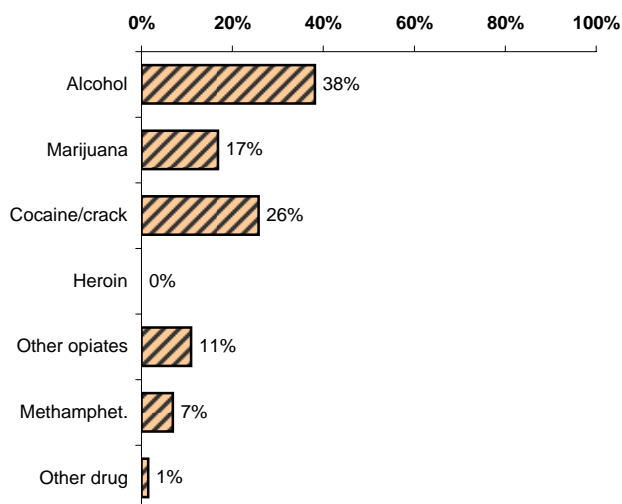


2-4: Health Insurance



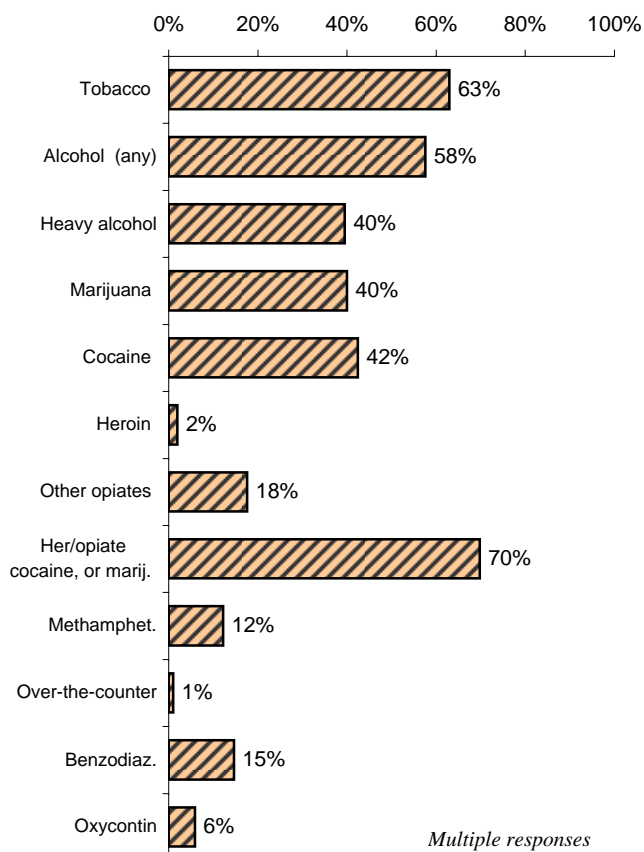
Note: See appendix for definitions of acronyms used on this page.

3-1: Primary Substance Problem



3-2: Self-Report Substance Use, Past 12 Months

Bars show % who use more than once a month



3-3: Cigarette Smoking

Overall, 61% of Foothills consumers report that they smoked cigarettes in the past month and 43% smoked a pack a day or more.

3-4: Injection Drug Use

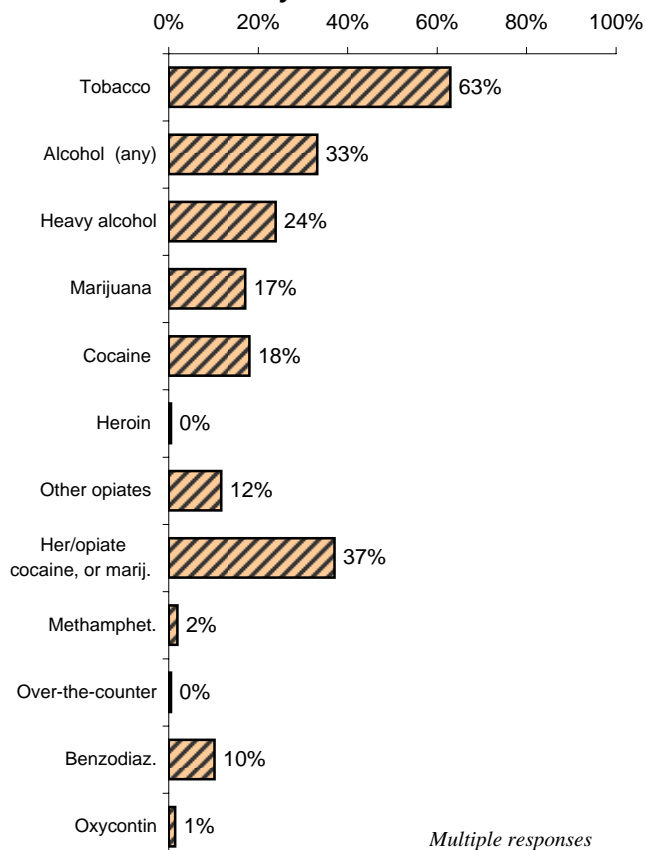
10% of Foothills consumers report that they have ever injected drugs for a nonmedical reason.

3-5: 90-Day Abstinence from Alcohol and Drugs

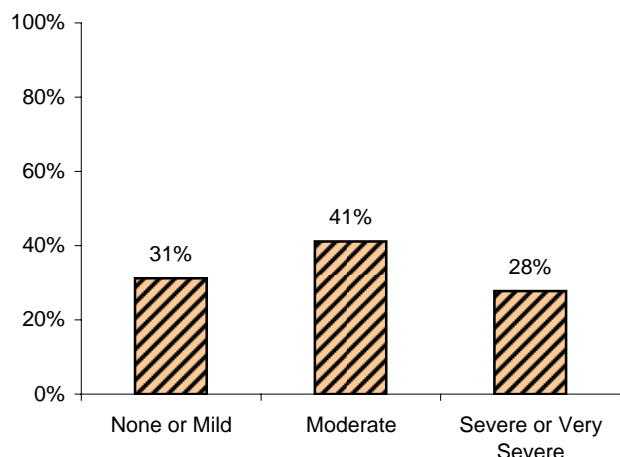
Foothills consumers were asked how long they have been abstinent at this time. 27% reported abstinence for at least the past 90 days.

3-6: Self-Report Substance Use, Past Month

Bars show % with any use



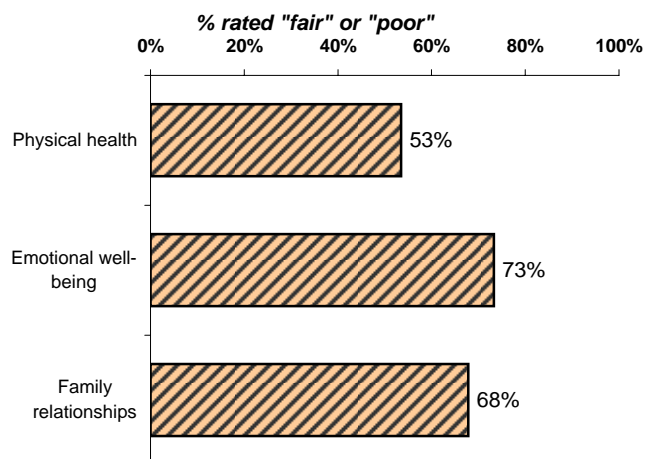
4-1: Severity of Mental Health Symptoms, Past Month



4-2: General Assessment of Functioning (GAF)

GAF scores were reported for 99% of Foothills consumers. The average score was 46.9 and the median score was 48.

4-3: Consumer Ratings on Quality of Life



4-4: Experienced Violence

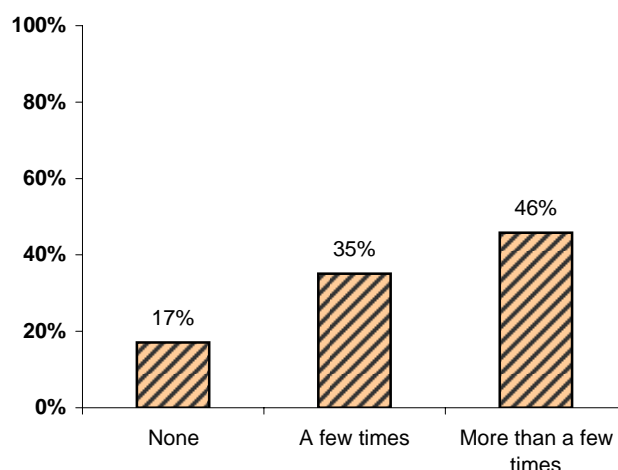
Physical violence, past 3 months	12%
Sexual violence, ever	18%
Sexual violence, past 3 months	1%

4-5: DSM-IV Diagnoses

Diagnostic Category	%
Drug Dependence	63%
Alcohol Dependence	36%
Drug Abuse	15%
Alcohol Abuse	10%
Major Depression	20%
Bipolar disorder	9%
Schizophrenia	2%
Anxiety disorder	12%
Personality disorder	1%
PTSD	2%

Only most common diagnoses shown. Multiple response

4-6: How Often Problems Interfere with Work, School, or Other Daily Activities, Past 3 Months



4-7: Lifetime Suicide Attempts

13% of Foothills consumers have attempted suicide at least once during their lifetime.

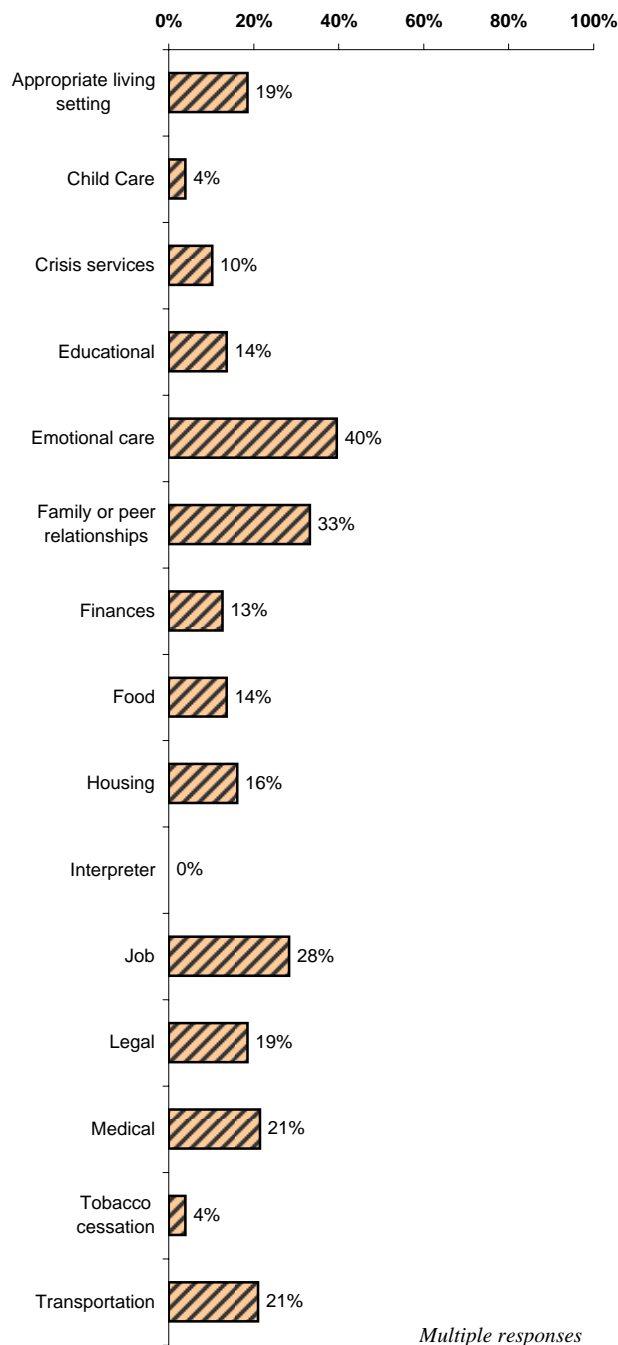
4-8: Behavior Problems and Symptoms Expressed, Past 3 Months

	%
Suicidal thoughts	26%
Tried to hurt or cause self pain	4%
Risky sexual activity	5%
Hit/physically hurt another person	6%

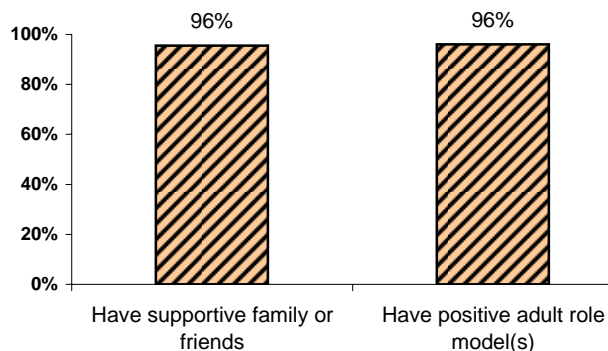
5-1: Public or Private Health Care Provider

Among Foothills consumers, 39% report that they have a health care provider and 36% have seen their provider within the past year.

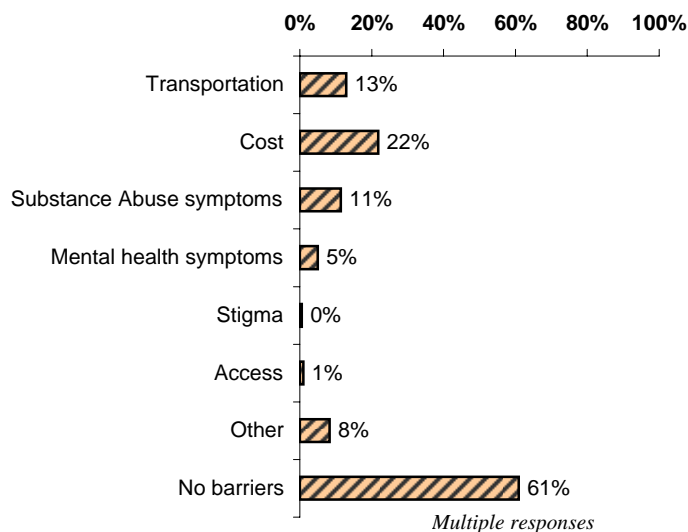
5-2: Service Needs Rated "Very Important"



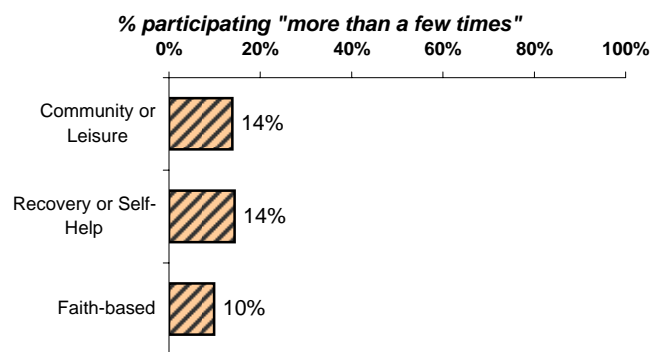
5-3: Support for Recovery



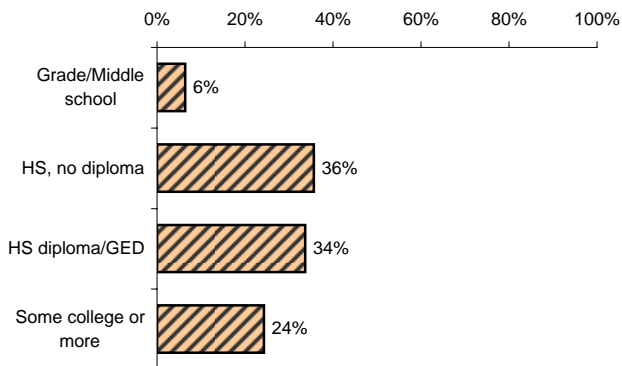
5-4: Barriers to Treatment



5-5: Consumer Participation in Positive Activities, Past 3 Months



6-1: Highest Educational Achievement



6-2: Marital Status

Never married	35%
Married or living as married	27%
Divorced/Widowed/Separated	38%

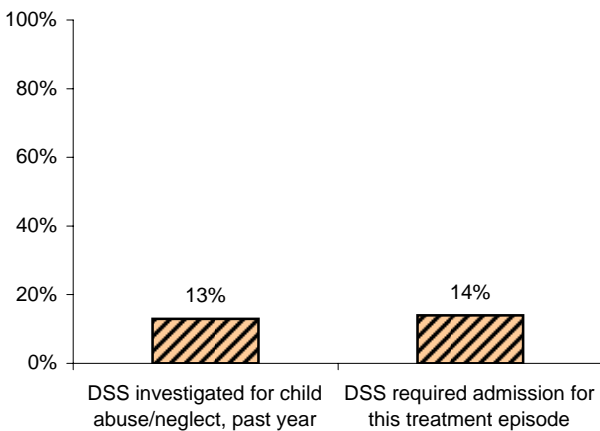
6-3: Children Under 18

46% of Foothills consumers have children under age 18.

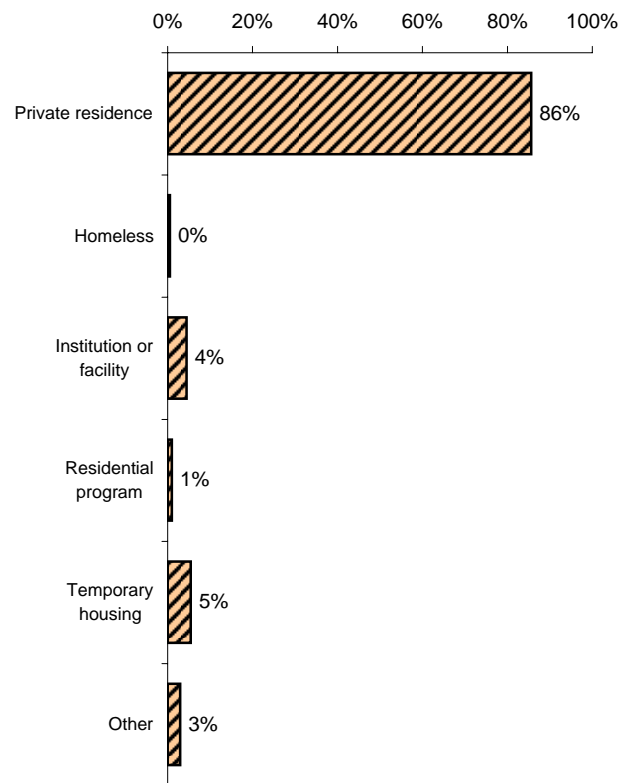
Of those with children...

Have custody of all children	49%
Have custody of some children	4%
Have custody of none of children	47%

6-4: DSS Involvement



6-5: Where Lived



Note: Of Foothills homeless consumers, 0 were in shelters and 1 were not in shelters.

6-6: Times Moved Residences in the Past Year

No moves	52%
Moved once	30%
Moved two or more times	18%

6-7: Pregnancy Status

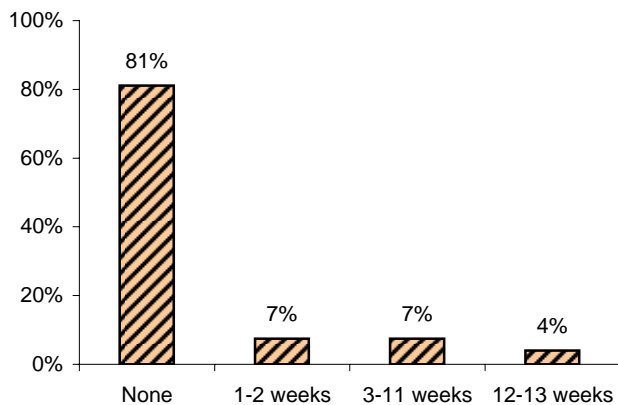
Number currently pregnant	1
Number uncertain about pregnancy status	1
Number in first trimester	1
Number in second trimester	0
Number in third trimester	0

Note: Numbers may not add, due to missing data.

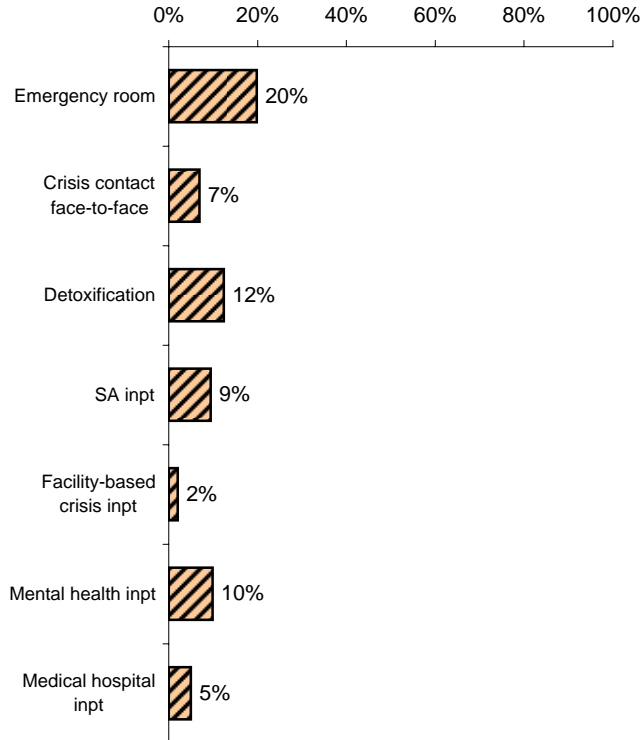
7-1: Outpatient Substance Abuse Treatment

31% of Foothills consumers have had outpatient substance abuse treatment during their lifetime.

7-2: Weeks of Outpatient SA Treatment in Past 3 Months (excluding detoxification treatment)



7-3: Health Care: Types of Services Received in the Past 3 Months



7-4: Employment, Past 3 Months

74% of Foothills consumers are in the labor force meaning that they are working, or unemployed and looking for work.

Of those in the labor force...

Employed full-time	34%
Employed part-time	11%
Unemployed (seeking work)	55%

Of those working...

Supported employment	1%
Transitional employment	3%

7-5: Arrest History

Any Arrests

Ever	78%
Past month	7%

Misdemeanor Arrests

Ever	66%
Past month	5%

Felony Arrests

Ever	33%
Past month	2%

7-6: Justice System Involvement

29% of Foothills consumers were under correctional supervision at admission. The court or criminal justice system required treatment for 22% of all Foothills consumers.

Acronym or Term	Definition
ACT	Assertive Community Treatment
ADMRI	Target population: Adult with both mental retardation and mental illness
ADSN	Target population: Adult with Developmental Disability
Af American	African American
AMOLM	Target population: Adult consumer receiving Olmstead services
AMPAT	Target population: Adult MH consumer who is homeless (PATH program).
AMSMI	Target population: Adult with serious mental illness
AMSPM	Target population: Adult with serious and persistent mental illness
AOD	Alcohol or other drugs
ASCDR	Target population: Adult SA injection drug user at risk for communicable disease
ASCJO	Target population: Adult SA who is a criminal justice offender
ASDHH	Target population: Adult SA consumer who is deaf or hard of hearing
ASDSS	Target population: Adult SA consumer who is involved with DSS
ASTER	Target population: Adult with a chronic substance abuse disorder
ASHOM	Target population: Adult SA consumer who is homeless
ASWOM	Target population: Adult SA consumer who is pregnant or has dependent children
Benzodiaz.	Benzodiazepine(s)
Buprenorph.	Buprenorphine
CASAWORKS	Residential program initiative designed to help substance abusing women
Cauc.	Caucasian
Crim. Justice or CJ	Criminal Justice
CJ	Criminal Justice
CST	Community support team
Detox	detoxification
DSM	Diagnostic and Statistical Manual (Edition IV)
DSS	Division of Social Services
DWI	Driving while Impaired
GED	General Education Diploma (High School Equivalency)
H or I felon	Class H or I felon (controlled substance) who applied for food stamps
Her	Heroin
HS	High School
IDU	Injection drug use(r)
Marij.	Marijuana
Med. Mgmt.	Psychiatric medication management services
Methamphet.	Methamphetamine(s)
Methamphet. Tx. Initiat.	Methamphetamine Treatment Initiative
MH	Mental Health
Outpt. Commitment	Outpatient Commitment
PSR	Psychosocial rehabilitation
PTSD	Post-traumatic Stress disorder
SA	Substance Abuse or Substance Abuser
SSI/SSDI	Supplemental Security Income or Social Security Disability Insurance
TASC	Treatment Accountability for Safer Communities
TBI	Traumatic brain injury
Work First	DSS program for temporary assistance to needy families